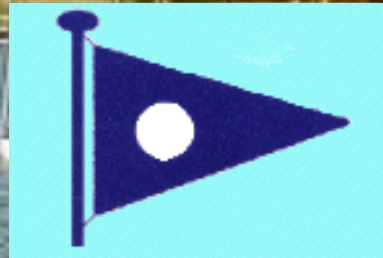


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Deben Yacht Club Back to sailing ? Lockdown 3

07/01/2021

five simple actions

- **Do not leave your home unless it is necessary**

- **Wash hands**

keep washing your hands regularly

- **Cover face**

wear a face covering in enclosed spaces

- **Make space**

stay at least 2 metres apart -

- **Track and trace**

Use the QR code whenever you visit the club

Suffolk
is in
Lockdown
from
06/01/2021

Lockdown 3

- Individuals may sail
 - Meet only one other person - outdoors
 - Also applies when afloat
 - Exercise limited to once per day
- No organised sailing may take place
- Dinghy yard is closed
 - Dinghy yard is not a public open space
- Club house and Veranda are closed
- Do not travel outside your local area

Ensure that you use the QR code when on club property



Do you really need to sail?

- The virus has mutated to a fast spreading disease
- Consider the risks
 - To yourself
 - To others
- Prepare your own assessment
 - Be prepared to justify your actions